

*"She looketh well to the ways of her household, and eateth not the bread of idleness."*  
Proverbs 31:27

## **Cleaning the Kitchen**

### **Cleaning the Kitchen: Monthly:**

1. Scrub top of stove vent.
2. Wipe down outside of cabinets, around light switches.
3. Dust baseboards and wash with warm, soapy water.
4. Clean top of refrigerator.

### **Cleaning the Kitchen: Weekly:**

1. Throw out any old food.
2. Wipe down inside of refrigerator. This is best done the day before you do your weekly shopping.
3. Clean out freezer.
4. Scrub Stove Top.
5. Wash inside of Microwave.
6. Wash small appliances such as toaster, toaster oven, and can opener.
7. Mop the floor.

### **Cleaning the Kitchen: Daily Order After Each Meal:**

1. Tidy up by returning any items out of order back to their place.
2. Place dishes in dishwasher if using one.
3. Hand wash dishes, pots and pans as required.
4. Wipe down countertops, backsplashes, table, stove, and inside microwave.
5. Scrub sink until it is shining and return dried, hand washed dishes where they belong.
6. Sweep the floor.
7. At end of day, rinse out sponges, dishrags, or brushes with hot sudsy water using a little bleach to disinfect. Hang to dry. Replace used rags, towels, sponges, and brushes with fresh ones for the next day.